

Clay Community Schools

ELEMENTARY LUNCH

NOVEMBER 2020

Oct 23, 2020

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 CHICKEN DRUMMIES DINNER ROLL, WG MASHED POTATOES GREEN BEANS PEACHES MILK	Nov - 3 CORN DOG BROCCOLI, FRESH CARROTS, fresh STRAWBERRY SLUSHIE MILK	Nov - 4 GALAXY CHEESE PIZZA CORN CARROTS, fresh APPLESAUCE MILK	Nov - 5 BISCUITS & GRAVY HASH BROWN PATTY RED PEPPER STRIPS ORANGE SMILES JUICE MILK	Nov - 6 CHICKEN POPPERS/ RICE BROCCOLI, STEAMED CARROTS, fresh APPLE, FRESH MILK
Nov - 9 CHICKEN PATTY/BUN CARROTS, fresh SANDWICH VEGGIES TATER TOTS PEARS MILK	Nov - 10 CHILI SOUP/CRACKERS PEANUT BUTTER SANDWICH CARROTS & CELERY MIXED FRUIT MILK	Nov - 11 BIG DADDY'S CHEESE PIZZA CORN CUCUMBER COINS APPLESAUCE MILK	Nov - 12 TACO SALAD CARROTS, fresh REFRIED BEANS TROPICAL FRUIT SALAD JUICE MILK	Nov - 13 HAMBURGER/BUN SANDWICH VEGGIES FRENCH FRIES APPLE, FRESH JUICE MILK
Nov - 16 SPAGHETTI/MEAT SAUCE BOSCO BREADSTICK SALAD w/ DRESSING CUCUMBER COINS HUMMUS PEACHES MILK	Nov - 17 HOT DOG / BUN BROCCOLI, FRESH BAKED BEANS PINEAPPLE JUICE MILK	Nov - 18 STUFF CRUST PEPP PIZZA CORN RED PEPPER STRIPS APPLESAUCE BIRTHDAY TREAT MILK	Nov - 19 TURKEY AND NOODLES DINNER ROLL, WG MASHED POTATOES GREEN BEANS PUMPKIN PIE JUICE MILK	Nov - 20 CHICKEN TENDERS PRETZEL W/CHEESE PEAS & CARROTS FRESH CAULIFLOWER PEACHES MILK
Nov - 23 STEAK BITES DINNER ROLL, WG FRENCH FRIES RED BEANS FRUIT of cooks choice JUICE MILK	Nov - 24 CHEESEBURGER/BUN FRENCH FRIES CARROTS & CELERY APPLE, FRESH MILK	Nov - 25 COOKS' CHOICE VEGETABLE of cooks choice FRESH VEGGIES FRUIT of cooks choice MILK	Nov - 26 THANKSGIVING BREAK	Nov - 27 THANKSGIVING BREAK
Nov - 30 COOKS' CHOICE VEGETABLE of cooks choice FRESH VEGGIES FRUIT of cooks choice SNICKERDOODLE COOKIE MILK				

ALL MENUS ARE SUBJECT TO CHANGE
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	618	550-650	100%	Carbohyd	84.15 g	54.45%	
Sodium	929 mg	1230		Tot. Fat	19.20 g	27.96%	<=30.0%
Calcium	404.56 mg			Sat. Fat	6.45 g	9.39%	<10.00%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.